

TWIN CITIES SUBURBAN CONFERENCE
TRACK AND FIELD RESULTS
MAY 25 & 27, 1993

BOYS

1. Forest Lake	175
2. Stillwater	141.5
3. White Bear Lake	131
4. Anoka	122.5
5. Champlin Park	68
6. Coon Rapids	66
7. Blaine	61.5
8. Roseville	55.5
9. Hill Murray	14

GIRLS

1. Coon Rapids	138.25
2. Roseville	115.25
3. Stillwater	93.5
4. Forest Lake	79.75
5. White Bear Lake	70.25
6. Champlin Park	58.5
7. Blaine	45
8. Anoka	39.5
9. Hill Murray	23

**1993 All Conference Honors
Girls Track & Field**

TRIPLE JUMP

1. Angie Lang	Roseville	34'2.5"
2. Sarah Harvieux	Stillwater	33'4"
3. Laura Winter	Stillwawter	33'3"

SHOT PUT

1. Mary Blincow	Roseville	34'9"
2. Carolyn Stoltzman	Stillwater	34'8.25"
3. Teresa Smith	Blaine	34'4.25"

DISCUS

1. Sue Boehland	Roseville	111'4"
2. Teresa Smith	Blaine	103'4"
3. Casey Keiser	Coon Rapids	102'8"

HIGH JUMP

1. Kim Loughry	Coon Rapids	5'2"
2. Sarah Ryan	Roseville	5'0"
3. Emily Erickson	Stillwater	4'10"

LONG JUMP

1. Angie Lang	Roseville	16'6.5"
2. Casey Bushard	Anoka	16'3"
3. Emma Berg	Forest Lake	16'2.5"

100 M. HIGH HURDLES

1. Emily Carroll	White Bear	15.82
2. Erin Nygaard	Coon Rapids	15.91
3. Tia Davis	Forest Lake	16.20

300 M. LOW HURDLES

1. Jenell White	Coon Rapids	45.77
2. Emily Carroll	White Bear	46.77
3. Mandi Miller	Stillwater	46.92

100 M. DASH

1. Amy Thomas	White Bear	12.92
2. Erica Stone	Coon Rapids	12.93
3. Teresa Hamm	Forest Lake	12.99

200 M. DASH

1. Jenny Porter	Champlin Park	25.96
2. Heidi Simonsen	Coon Rapids	26.27
3. Julia Meyer	Roseville	26.52

400 M. DASH

1. Sarah Strand	Blaine	59.72
2. Holly Tellin	Forest Lake	59.99
3. Kristi Literski	Champlin Park	60.31

800 M. RUN

1. Kathleen Bahe	Coon Rapids	2:20.31
2. Sarah Temke	Champlin Park	2:23.60
3. Amy Weber	Roseville	2:24.20

1600 M. RUN

1. Carrie Olson	Coon Rapids	5:32.73
2. Meagan Graham	Stillwater	5:33.91
3. Kim Olund	White Bear	5:34.16

3200 M. RUN

1. Sarah Rowles	Hill Murray	11:44.05
2. Renee Kinney	Stillwater	11:51.05
3. Kim Olund	White Bear	11:51.73

4 X 100 M. RELAY

1. Coon Rapids	50.64
(Ulwelling, Fanner, Simonsen, Stone)	
2. Forest Lake	51.49
(Bergman, Hamm, Bohnen, Deiman)	

4 X 200 M. RELAY

1. Coon Rapids	1:45.17
(Anderson, Simonsen, Stone, White)	
2. Champlin Park	1:45.87
(Dodge, Literski, Porter, Thornton)	

4 X 400 M. RELAY

1. Champlin Park	4:07.58
(Porter, Literski, Dodge, Temke)	
2. Roseville	4:10.57
(Rothenberger, Weber, Lang, Meyer)	

4 X 800 M. RELAY

1. Stillwater	9:48.81
(Kimball, Hudson, Harvieux, Kinney)	
2. Roseville	9:49.51
(Rothenberger, Weber, Murphy, Greiling)	

Twin Cities Suburban Conference Track and Field Records

High Jump - Barb Wagonon (89) Blaine 5' 4"
 Long Jump - Bathary Blaurent (89) Anoka 17' 8"
 Shot Put - Kristie Oleen (88) Blaine 42' 9.75"
 Discus - Kristie Oleen (88) Blaine 158' 2"
 *Triple Jump - Angie Lang (93) Roseville 34'2.5"

100 m. High Hurdles - Heather Kasun (89) Stillwater 15.5
 300 m. Low Hurdles - Holly Hargroder (91) Stillwater 44.52
 100 m. Dash - Tamara Webb (88) Roseville 12.2

200 m. Dash - Tamara Webb (88) Roseville 25.5
 400 m. Dash - Amber Afraidt (92) Coon Rapids 58.46
 800 m. Run - Jennifer Watson (91) Anoka 2:17.63
 1600 m. Run - Aimee Petersen (89) Roseville 5:16.1
 3200 m. Run - Tracy Dahl (88) Anoka 10:42.8
 4 x 100 m. Relay - Roseville (90) 49.67
 (Heimer, Collins, Erickson, Webb)
 4 x 200 m. Relay - Roseville (91) 1: 44.12
 (Collins, Doherty, Erickson, Webb)
 4 x 400 m. Relay - Roseville (91) 3:59.98
 (Weber, Shrum, Doherty, Saiko)
 4 x 800 m. Relay - Stillwater (92) 9:41.52
 (Hudson, Harvieux, Hargroder, Solem)

***New Meet Record**

High Jump - Am Nunyakpe (92) White Bear Lake 6'8"
 Long Jump - Rod Smith (88) Roseville 23' 7"
 Shot Put - Joe Toth (90) Forest Lake 58' 8.5"
 Discus - Mike McGroarty (89) Stillwater 169' 3"
 Triple Jump - Mark Wallace (90) White Bear Lake 46' 2.5"
 Pole Vault - Ted Erickson (88) White Bear Lake 14' 1.75"
 110 m. High Hurdles - Brad Charchenko (88) Stillwater 14.5
 300 m. Intermediate Hurdles - Rob Warren (88) Roseville 39.3
 100 m. Dash - Rod Smith (88) Roseville 10.7
 Jeff Brown (89) Anoka 10.7

*200 m. Dash - Bob Ewings (93) Forest Lake 21.77
 *400 m. Dash - Ryan Lundin (93) Forest Lake 49.75
 800 m. Run - Chris Silva (88) Hill Murray 1:54.6
 *1600 m. Run - Raura Fahkola (93) White Bear Lake 4:23.57
 3200 m. Run - Chris Schmid (88) White Bear Lake 9:38.7
 4 x 100 m. Relay - Blaine (92) 42.87
 (Nelson, Noga, Reimann, Hanson)
 *4 x 200 m. Relay - Champlin Park (93) 1:30.67
 (Raineey, Raineey, Sandberg, Sis)
 *4 x 400 m. Relay - Anoka (93) 3:24.24
 (Schmitz, Valois, Whiteis, Olson)
 *4 x 800 m. Relay - Coon Rapids (93) 8:09.82
 (Charlesworth, Thinnies, Haider, Mahlke)
 *Sprint Medley Relay - Stillwater (93) 3:36.11
 (Maddock, Huntley, Bunce, Kramer)